

2021

Camper Parent,

We are excited to have your camper in our Junior Sailing Camp and plan to make this year's camp the best ever. Our goal is to make memories that your child will carry for a lifetime while also teaching responsibility, sailing skills and discipline.

Please bring with you at check-in:

- signed copies of the attached
 - medical forms,
 - liability waiver,
 - photo waiver, and
 - camp rules
- all items listed on "Camper List" (page 4)

Some of the activities your child may participate in are swimming, boat-righting skills, man-over-board drills, radio training, knot tying, docking techniques, arts and crafts, crazy-fun-time, race training, scavenger hunt and treasure hunt.

Questions? Email ted.mahavier@gmail.com

Important: When your child comes home, please make sure to carefully wash and watch any minor cuts or scrapes. Also, please flush their ears. We have never had any swimmers ears or bacteria issues. Let's keep it that way!

We look forward to seeing you and your camper(s)!

Sincerely,

Your Junior Sailing Leadership Team

Medical Consent Form, Liability Release, and Rules

Camper (Participant) Name _____

Camper Age _____

Camper Home Address _____

Camper Number _____

Parent or Guardian Name(s) _____

Relationship _____

Number(s) _____

Primary Care Physician _____

Number _____

Health Insurance Provider _____

Insurance ID Number _____

Name of Insured _____

Phone Number for Verification _____

Claims Mailing Address _____

Allergies _____

Medications _____

In the event of accident, injury or illness involving any child of mine (specifically including my child named above as the "Participant") or me or my spouse while in, on, or about the premises of Port Arthur Yacht Club while participating in any activity sponsored by or under the auspices of Port Arthur Yacht Club under circumstances where I am physically unable to consent or am not present,

1. I hereby voluntarily authorize and consent to the furnishing to myself, my spouse, or any child of mine of such medical care, attention, and treatment by any hospital, physician or dentist as such hospital, physician or dentist may deem necessary or advisable, including any x-ray examination, anesthetic, medical, or surgical diagnosis or procedure.
2. I authorize any adult associated with the activity to consent to such medical care, attention and treatment.
3. I agree to pay the reasonable cost of such medical care, attention or treatment and to indemnify and hold free and harmless of and from any and all liability for such cost the assisting adult, and the officers, employees and members of Port Arthur Yacht Club.

It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

Please attach a copy of health insurance card. I agree that a photocopy of this consent or a copy sent by facsimile may be accepted by any health care providers. This consent shall be valid for one (1) year from the date of signing.

Signature of Parent or Guardian _____

Date _____

Liability Release Agreement

In consideration of acceptance of my registration to participate in Port Arthur Yacht Club's Junior Sail Camp and, recognizing the risks associated with the sport of sailing, the undersigned hereby waives all claims for personal injury and property damage and hereby releases the Port Arthur Yacht Club, and the directors, officers, members, employees, and the regatta volunteers and sponsors, of and from any and all claims, including those of negligence and gross negligence, which I might have, arising out of my participation in Port Arthur Yacht Club's Junior Sail Camp and all activities relating thereto.

Signature of Parent or Guardian _____

Date _____

Photo Waiver

I understand that Port Arthur Yacht Club members may take pictures of children while engaged in Junior Sailing Camp Activities and such pictures may be displayed on social media and in flyers promoting Port Arthur Yacht Club.

Signature of Parent or Guardian _____

Date _____

Camp Rules for Parents

1. Children should be 8 years old on the first day of camp, unless they have attended previously.
2. Camp will be limited to the first 25 completed, paid applicants.
3. There is no day camp, so campers are expected to stay for the duration of the camp.
4. Thursday morning check-in for beginners (Speckled Trout).
5. Thursday afternoon check-in for repeat sailors (Redfish).
6. Drop campers off on Thursday and return for Family Day on Sunday.
7. Camper mobile devices remain in the clubhouse at all times.
8. We encourage parents to let us know in advance if they wish to visit with food or snacks. If you do, then please coordinate with the kitchen staff and plan to bring enough for all campers.
9. If for any reason, you need to make an exception to any of our rules, please contact the leadership in advance. Failure to respect the rules of the camp are grounds for your camper being denied participation in future years.
10. In the event that camp is cancelled due to weather or any other reason beyond our control, we offer a \$100 refund. Due to the preparation necessary and the ordering of supplies in advance, we are unable to offer full refunds for camp cancellations.

Signature of Parent or Guardian _____

Date _____

Camp Rules for Campers

Don't worry Mom and Dad! We'll go over these rules and keep them safe!

1. No running (even if Paul says you can)
2. No pillow fights
3. No hands on other campers (unless assisting on the water)
4. No horse play
5. No profanity
6. No leaving designated areas (club house, launch area, etc.) without permission and escort
7. No camper may be on or near water without a USCG-approved life jacket
8. No one leaves the haul-out area until all sailing dinghies are hauled out and secured
9. No jumping in the water without permission (this includes from boats and docks)
10. No mobile devices outside the clubhouse

Camper List

**Please put your camper's name on all clothing, bags, sunscreen, medication, etc.
Every year we have items left at the end of camp!**

1. long sleeve shirt(s)
 2. hat
 3. sunglasses
 4. tennis shoes for hiking (dry)
 5. tennis shoes for sailing (wet)
 6. sunscreen that does not burn the eyes (write child's name in Sharpie, please)
 7. towel
 8. coast guard approved life jacket
 9. clothes for 4 days
 10. bathing suit
 11. bag for dirty clothes
 12. single air mattress, camping pad or cot (*single* only or be prepared to share!)
- Here's a great choice: [Ozark Trail Hazel Creek Collapsible Camp Cot, Green - Walmart.com](#)
13. blanket
 14. pillow
 15. tooth brush
 16. tooth paste
 17. soap
 18. shampoo
 19. washcloth
 20. Medications (please inform staff)

Thursday Sailing Camp Schedule (approximate and fluid)

0900

- Speckled Trout (new sailors) sign in & set up PAYC for camp and classroom.
- Counselors go
 - Cut lines for kids and put names on them *in middle*
 - Get two complete Optis to clubhouse
 - Look for issues
- Introduction of instructors and classmates and stand on chairs
- Clove hitch around bottle and rules for lines
- Camp rules (no running, blue line of death, 3 strikes rule, no towels in clubhouse, no wet clothes in club house)
- Discussion of boat parts

1200

- Lunch

1300

- Knot lesson – square knot and cleat hitch
- Language Lesson – tiller in, tiller out, sheet in, sheet out
- Types of boats – Optis, Sunfish, Lasers
- Parts of boats

1400

- Life jacket check
- Swim test
- Rig boats
- Righting boats

1500

- Afternoon break
- Sculling to buoy and back

1600

- Redfish (repeat sailors) check-in

1700

- Shower and Dinner
- Movie Night

2200

- Lights out

Friday Sailing Camp Schedule (approximate and fluid)

0700

- Dress
- Morning walk – Counselor's lead

0800

- Breakfast
- Classroom
- Break
- Points of sail, 2nd Opti tacking lesson on land
- Knots

1000

- Rig boats and sail

1200

- Lunch

1300

- Classroom
- Sail
- Sail

1430

- Break

1800

- Shower
- Dinner

1900

- Scavenger Hunt (Optis)
- Nautical Trivia (Trouts/Redfish)
- Big boat outing if possible

2200

- Lights out

Saturday Sailing Camp Schedule (approximate and fluid)

0700

- Dress
- Morning walk – Counselor's lead

0800

- Breakfast
- Classroom
- Break
- Knots

0900

- Sail

1030

- Fruit/Drink Break

1200

- Lunch

1300

- Classroom
- Treasure hunt (Sunfish/Lasers)
- Sail

1430

- Fruit/Drink Break

1500

- Sail

1800

- Shower
- Dinner

1900

- Knot Tying competition (Both Fleets)
- Big boat outing if possible

2200

- Lights out

Sunday Sailing Camp Schedule (approximate and fluid)

0700

- Dress
- Pack up gear and place outside
- Breakfast

0900

- Rig boats and sail
- Parents may arrive and observe kids sailing and take pics
- Possible parents out on docks or big boat to watch

1100

- Tear down and store boats

1200

- Lunch and Awards

1300

- Dismissal